

Policy and Procedure Concerning Individual Rights

Appendix A YOUR RIGHTS

1. I have the right to be treated as an individual.
2. I have the right to be treated nicely at all times. No one should hit me, hurt me, or say mean things to me.
3. I have the right to be alone with my family and friends.
4. I have the right to have some time to be by myself and a place to go to be by myself.
5. I have the right to use the telephone, write letters, or talk with anyone I want, about any subject I want.
6. I have the right to say what I think, what I want, what I don't want in whatever way I have of saying it and to be listened to.
7. I have the right to have friends, both men and women, and to socialize with them.
8. I have the right to marry and raise children if I want.
9. I have the right to a safe, clean home.
10. I have the right to meals that are healthy and good for me. I have the right to help in planning and preparing those meals.
11. I have the right to have a job and make money.
12. I have the right to go to school or work and to meet other people.
13. I have the right to have programs and supports which help me communicate and socialize with other people so that they value me. I have the right to have people help me with the way I talk, walk, do things with my hands, let people know how I feel and interact with others.
14. I have the right to refuse any assistance, program or treatment offered, including medical treatment, without fear of losing all of my services.
15. I have the right to go to the appropriate doctors (i.e. general practitioner, psychiatrist, eye doctor, podiatrist or cardiologist) or dentist when I need to go as soon as I need to go.
16. I have the right to choose my doctors and dentist.
17. I have the right to go to the church of my choice or not to go to church at all.

18. I have the right to join activities and organizations which will help me contribute to my community.
19. I have the right to help decide the things that affect me.
20. I have the right to manage my own money as I am able. If I am not able to manage my own money, I have the right to receive the assistance and support I need.
21. I have the right to choose my own things and to keep those things in my possession.
22. I have the right to have the information in my file kept private. People should not give out information about me without my permission.
23. I have the right to complain about things I disagree with. I have the right to talk about my complaints without being threatened by others who want me to change my mind.
24. I have the right to accept or refuse medications meant to control my behavior.
25. I have the right not to be tied up, held or locked up to control my behavior unless I have agreed to have it be part of my program plan.
26. I have the right not to be hurt, embarrassed, threatened, or denied food or other services to control my behavior.
27. I have the right to learn about how laws are made, to vote for people who make the laws, and to say how I feel about the laws.
28. I have the right to say "no" if I am asked to be part of an experiment or study.
29. I have the right to keep my body private and to be supported in protecting myself from being taken advantage of.
30. **I HAVE THE RIGHT TO BE TREATED LIKE EVERYONE ELSE UNDER THE LAW!!!**

I have reviewed **YOUR RIGHTS**. I have had this procedure reviewed with me at the intake meeting, Annual IPP, or upon request (circle which one applies) and have had all my questions answered.

Name: _____ Date: _____

Guardian: _____ Date: _____
(if applicable)

Reviewer/Position: _____ Date: _____

1/98
9/98
11/01
7/05