

Policy and Procedure Concerning Plans for Developing Adaptive Behaviors

Appendix E Imminent Physical Danger

In the event that a person served is engaging in a behavior that makes injury to that person or others seem imminent, physical restraint may be used by the agency's staff.

The physical restraint employed should be the least restrictive type of physical intervention possible to prevent injury and the restraint should be continued only for the minimum time necessary to prevent injury.

This procedure is to be used **only** in those circumstances in which no formal program is in place to outline the type of restraint necessary to prevent injury. If this procedure is used more than three times in a six-month period, the IPP team must meet to address a behavior program. This procedure is designed to prevent injury in unexpected, emergency situations or while a program is being developed.

Each time physical restraint is used, the Support Supervisor and/or Area Director will be notified as soon as possible. The Support Supervisor and/or Area Director will immediately verbally report the restraint to Service Coordination and follow-up with a written report (i.e., incident report or data sheet), within 14 calendar days.

An Incident Report must be completed if restraint is used, including the date, time and length of restraint.

The Area Director is responsible for sending a copy of the Incident Report to the Chairperson of the Human and Legal Rights committee for review, using the Human and Legal Referral Form (H & L 1).

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