

Policy and Procedure Concerning Plans for Developing Adaptive Behaviors

Appendix C **Prohibited Practices**

The following practices are prohibited:

- Practices that cause physical, emotional or psychological harm or discomfort, including but not limited to:
 - corporal punishment
 - verbal abuse
 - denial of a nutritionally adequate diet
 - seclusion
 - mechanical restrictions
 - placing an individual in a totally enclosed area
 - the use of anything that has the purpose of causing pain.
- Individuals receiving services disciplining other individuals served in the above manner
- Aversive stimulus (negative, unpleasant or punishing consequence)

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